



X-Press Boat Club

Eights 'Bumps Course' Head

Wednesday 1st June 2016

- **Row the bumps course without interruption!**
- **An ideal race for both College and City crews**
- **Medals for category winners and best Grassy line**
- **Complimentary photos!**



Standing starts - Divisions at 7pm and 8:30pm

Timed from upstream of the A14 bridge to Peter's Post (approx 2100m)

Intermediate timing at The Plough (useful for bumps preparation)

VIII's only in the following categories:

- Men and Womens - Mays 1st, 2nd, 3rd and lower

- Plus CRA categories (categories may be combined depending on numbers)

Entry Fee only £56 per boat in advance (£64 on the day)

Medals and Coxing prize

BBQ and Bar at City Boat House after the race

Entries online via X-Press website

www.xpressbc.org.uk

Email enquiries to
xpresshead@xpressbc.org.uk

Telephone enquiries to
07952382478 (reasonable hours only)