

## Getting on Race - Notes for Competitors

### Lent Bumps 2019, Friday 1<sup>st</sup> March

#### Marshalling Plan

##### **Crews Marshalling at Baitsbite**

Crews should spin at the Lock then pull in below the A14 Road Bridge, bows upstream, in race order (i.e. Crew 1 furthest upstream and just downstream of the A14 bridge). There will be marshals to assist. A marshal will instruct you to push off and row to the start.

##### **Crews Marshalling at Chesterton**

Crews should pull in between the P&E and the Railway Bridge, bows downstream, in reverse order (i.e. Crew 1 furthest upstream, near to the P&E, last crew near to the Railway Bridge). There will be marshals to assist. Crews should push off when instructed to do so by marshals, and proceed downstream remaining in reverse order. No stationary practice starts will be permitted on the row down to the Motorway Bridge.

Crews should spin 'Bumps style', on station, below the A14 Road Bridge and pull in, bows upstream. There will be marshals to assist. A marshal will instruct you to push off and row to the start.

Any crew that is late to marshalling will not be permitted to race.

#### The Start

The start is a rolling start. Times will be taken from the upstream side of the A14 Road Bridge, bows on. The race start will be under the control of a Senior Umpire, approximately 100m below the timing line at the A14 Road Bridge. They will start you with a "Go!".

We recognise that crews may wish to do a standing start at this point. This will be allowed provided conditions are not such as to make holding position difficult (most likely a strong cross-wind). In this case the Senior Umpire will hold crews in/ slightly around the corner to make holding position easier, and standing starts will not be permitted.

#### The Finish

The finish is the upstream side of the Railway Bridge. Times will be taken bows on. Upon crossing the finish line, crews should wind it down but continue to row until the P&E to keep the finish line clear. Crews stopping should pull into the bay at the P&E to allow those crews wishing to proceed straight home to do so unimpeded.

#### Overtaking

Crews being overtaken must concede the racing line. Overtaking crews must make their intentions known in good time for the other crew to respond. Once an overtaking manoeuvre has commenced, crews should keep to their respective waters.

### Crew Scratches

Crews scratching before 5PM on Wednesday 27<sup>th</sup> February will receive a full refund.  
Crews scratching before 5PM on Thursday 28<sup>th</sup> February will receive a half refund.  
Crews which scratch after this time, or do not show up to race, will receive no refund.  
Crews which race but fail to get on will receive a half refund.

Requests to race for time-only must be sent to [committee@cucbc.org](mailto:committee@cucbc.org) before 12PM on Friday 28<sup>th</sup> February.

### Division Changes

If you require a change of division, you must find another crew to swap with, and email [conor@cucbc.org](mailto:conor@cucbc.org) with the details. Both crews must confirm agreement to a swap by email, before 5PM on Thursday 22<sup>nd</sup> February.

### Crew Substitutions

All crew substitutions should be declared via email to [committee@cucbc.org](mailto:committee@cucbc.org). Please remember that anyone who races in a successful GoR crew may not go on to compete for a higher crew in the Lent Bumps.

### Qualifying Crews

Of the crews that qualify, those which raced Bumps last year will be put back on in such a way as to preserve the ordering of last year's finish order. The remaining qualifying crews will be put at the bottom of the lowest division in a random order.

The timed results of qualifying crews will not be released.