



CITY OF CAMBRIDGE ROWING CLUB

(Founded 1863)

President: A. W. Nelder

CHRISTMAS HEAD – SATURDAY 3 DECEMBER 2016

COMPETITOR INFORMATION

Registration will be at the City of Cambridge Rowing Club Boathouse (Upstairs). You should report to registration at least one hour before your race. Please remember to bring your entry fee if you haven't already paid. The entry fee is £7 per seat on the day, cox is exempt.

The course is from the Peter's Post to the upstream side of Trinity Hall Boat House.

Please ensure you report to the marshalling area downstream of the start at the latest 15 minutes before your division is due to go off. As there will be a lot of crews racing, please ensure you act promptly on the marshal's instructions.

Division times

Division 1 – 10:00

Division 2 – 11:30

Division 3 – 13:00

Division 4 – 14.30

Numbers will be available at the City boathouse from 8:30 am.

RACE REGULATIONS

Please ensure that you marshal downstream of the Railway Bridge AT LEAST 15 MINUTES before your division is due to start. Any crew not marshalling 15 minutes prior to the start time risks being turned back. **Any crew arriving late (after the division start time) will not be allowed to race.**

Due to the number of crews taking part those starting at the bottom of the division may have to wait for up to 40 minutes so please ensure that all crews, in particular juniors, have sufficient clothing to keep warm. Pre-start marshals will have thermal blankets should they be needed.

OVERTAKING

Crews must overtake on the Stourbridge Common/riverside side. Any crew impeding another crew during an overtaking manoeuvre will be awarded a time penalty. Claims of impedance must be reported to race control immediately after the division.



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FINISH

All crews must keep rowing after the finish and follow marshal instructions to prevent the river becoming blocked for following crews. Crews boating upstream of City of Cambridge Rowing Club will be allowed, subject to space, to pull into the hard and disembark. All other crews should proceed upstream to LMBC before spinning. No returning crew will be allowed to paddle downstream of the Fort St George bridge until after the division is complete.

Please follow the marshals' instructions at all times.

RESULTS

Results will be displayed in the City boathouse throughout the day. Prize giving will be from 16:30 at the City boathouse.

The final results will be available from the City boathouse as soon as possible after the race. Results will be sent by email to all clubs after the race and will be on the CCRC website – www.cityrc.co.uk.



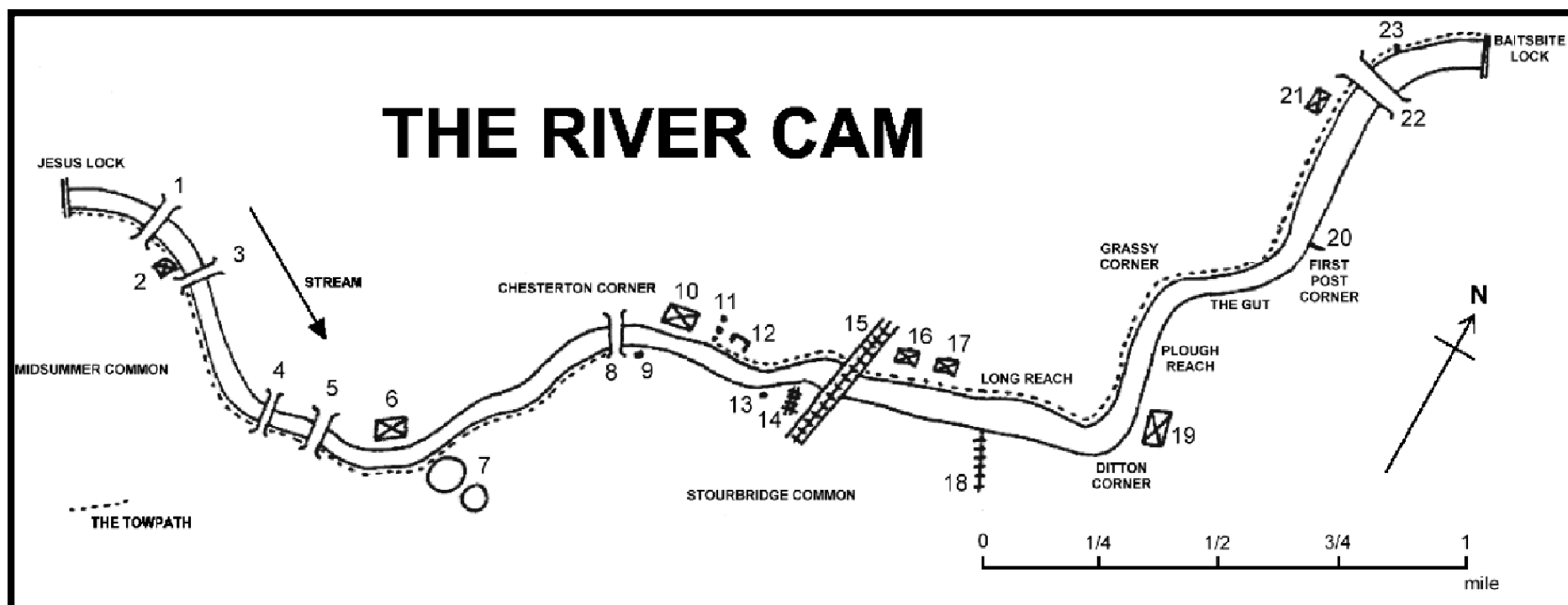
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THE COURSE

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COURSE REFERENCES:

1	Victoria Road Bridge	9	The Top Finish	17	The White House
2	Fort St. George Pub	10	The Pike and Eel Pub	18	The Railings
3	Peterhouse Footbridge	11	Peter's Posts	19	The Plough Pub
4	Clare Footbridge	12	The Bus Shelter	20	The Ditch
5	Elizabeth Way Roadbridge	13	The Bottom Finish	21	The Gunshed
6	King's College Boathouse	14	Morley's Holt	22	The Motorway Bridge
7	The Gasworks	15	The Railway Bridge	23	The Little Bridge
8	Chesterton Footbridge	16	The Pink House		