



Conditions of Entry:

- Entries can only be accepted from current University students
- All students must bring their Student Card on the day for inspection.
- This event is limited to a maximum of 500 entries.
- Any university making 10 or more entries must make full payment in advance (Cheques can be made payable to 'University of Cambridge' and sent along with an entry form to Lucy McGennity, University of Cambridge Sports Centre).
- At the discretion of the event organiser, a small number of entries may be accepted on the day.
- This event will use Concept 2 rowing machines.
- The event draw will be made on Friday 15th November, and emailed out to all clubs entered the same day.
- Registration will take place 30 minutes before first event race.
- Lightweight competitors must weigh-in at least 1 hour before their first race.
- Individual Beginner events will run under a Heats and Finals system, with the winners of each heat plus the next xx number of competitors from all heats ranked into the A final, all other competitors will then be ranked into B, C, D etc finals based on remaining heat results.
- All Relay events will be straight finals, with each team given the chance to race once over 3000 metres. Teams may pick when each rower changes, but all 4 team members must row on the machine once in the race.
- Drag Factors: In line with GB rowing & BUCS requirements for this event, all drag factors will be set to the following levels for each Championship class event: Sen Men: 138, Sen Women:130, Lwt Men 135 Lwt Women: 125. This setting will show on each monitor while the race system is in warm up mode.
- Independent adjudication will be provided by British Rowing/BUCS, and the judges' decision is final.
- Medals will be awarded to the first 3 placed finishers from all A finals, and the fastest three teams from the relay events.
- BUCS points will be awarded to the fastest 4 places in each relevant event nationally after each regional event, more information on this can be obtained from BUCS.
- If a competitor misses their race, where possible the race committee will aim to slot them into another race- but not to the detriment of the event timetable.
- No refund is available to anyone that misses their race, and that can't be slotted into the program elsewhere.
- Competitors accept that any film/photos of them can be used in future promotion.
- Upon making entry to this event you are deemed to have accepted these terms and conditions, and also that you understand that participation in this event could involve personal risks including strokes, heart attack and death, as well as loss or damage to property, and that no partners (University of Cambridge, the University of Cambridge Physical Education Department, BUCS, British Rowing) involved with the event can be held responsible for any injury.



