



CUBC Development Squad 2013

Following on from two hard fought races against Oxford last weekend, the CUBC now turns its attention to the Boat Race on the 6th of April 2014. As we begin our campaign to overturn this year's result, the CUBC is committed to the development of college athletes interested in joining the 2014 CUBC Boat Race Squad. As such we wish to invite those athletes with the ambition and drive to trial for the CUBC to sign up for the 2013 summer development programme.

College-bred oarsmen have always been an important part of the CUBC, with some going on to achieve National representation as well as earning their place in the Blue Boat or Goldie crews.

In recent years Development Squad members have gone on to row in both the Blue Boat (2012) and Goldie (2011, 2012, and 2013). Notably two members of the 2012 winning Blue Boat each learnt to row at college and transitioned into CUBC through the Development Squad program.

The 2013 CUBC Development squad will commence training in the first week of the Easter term (26th April). This program is intended to help college athletes with the potential to trial for CUBC to develop their rowing technique, physiology and provide a strong base for athletes to trial successfully in the 2013/2014 Boat Race Campaign.

Participants in the Development Squad will have access to the training facilities at Goldie Boat house (ergos, rowperfects, weights and the indoor rowing tank), the opportunity to row at Ely, as well as receiving coaching from the CUBC coaching staff. It is a great opportunity to experience firsthand the set up and structure of the CUBC rowing program.

Last year's development squad consisted of a group of college student-athletes that went on to compete at various events including qualifying and racing in the Prince Albert 4+ at the Henley Royal Regatta. Members of the squad in the past have also raced for Cambridge in overseas races (Moscow, Pisa, etc).

If you would like further information, or would like to register an interest in the CUBC 2013 Development Squad please email Assistant Coach Mark Beer (mark@cubc.org.uk) by the 26th of April.

We are aware of students' time constraints in the final term, and are happy to discuss individual requirements to enable athletes to participate. Further we will also support those wishing to row for their college crews and will incorporate this into the Development Squad program.

For further information or to register your interest in the CUBC Development Squad registration, please contact:

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Regards,

George Nash
President CUBC 2012/13