



The Cambridge '99 Rowing Club Spring Regatta 2012 Instructions for coxes

Administration

Please collect numbers from the Cambridge '99RC boathouse. If you haven't paid yet, please bring payment with you. Cheques payable to "Cambridge 99 RC."

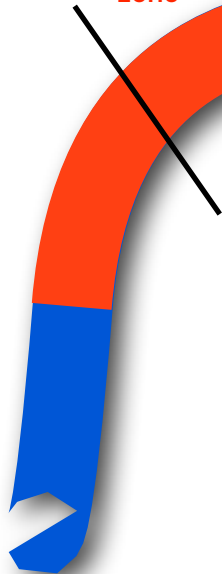
Timing

Please aim to arrive at the marshaling point 20 min before your division time.



The Green Dragon

Spinning zone



The Spring Regatta is a plate competition. This means that, if you lose your opening heat, you proceed to a second draw, giving you another chance to win a pot. If you win your first heat you remain in the main race and go forward to the next round.

Marshalling for the start

On arriving at the course, a Marshall will guide you to one of the waiting zones (A-E). Before the start of the division you will be asked to pull out from the bank and row up to the start line with your opposition where the start marshals will

instruct you. We will ask you to do this in reverse race in order to make things easier when marshaling at the start of the course. For this reason please do not overtake on the Reach.

After your first heat

After crossing the line, all crews must keep rowing and proceed down to the spinning area where you should turn around.

If you have just won the heat, proceed to zones C, D or E where a marshal on the bank will guide you to the correct spot – near your opposition for the next race.

If you have lost the heat, proceed to zones A or B. The marshal will guide you to the right spot.

In subsequent heats

If you win and need to race again in a final or semi-final, proceed down to the spinning area without stopping, turn around and proceed to zones C, D or E. A marshal will guide you to the right spot.

If you lose, or have won your final (well done!) you can paddle straight back to the boathouses. We'll present pots in the '99 RC boathouse at around 7pm, after the regatta has finished.

The Penny Ferry



Race control & First aid



FINISH LINE

Railway bridge

TO THE START

