



CUBC DEVELOPMENT SQUAD

2012

It is a very exciting time at the Cambridge University Boat Club. The 2012 Xchanging Boat Race is less than 4 weeks away; the Boat Race Crews have just been officially revealed and are preparing in earnest; and a new 5 year sponsorship with BNY Mellon beginning in 2013 has been recently announced.

As final preparations are put in place for the Boat Race on the 7th of April, we also have an eye towards the future and particularly the development and integration of college athletes into the CUBC program. College bred oarsman have always been an important part of the CUBC and have often gone on to race for Goldie or the Blue Boat during their time at Cambridge. Notably two members of the current 2012 Blue Boat each learnt to row at college and transitioned into CUBC through the Development Squad program three years ago. The CUBC is very supportive of developing college athletes and aims to provide a pathway into the CUBC program. Accordingly we wish to ensure that top college rowers have a chance to trial for the CUBC and are given the best opportunity to have a shot at competing in the Boat Race.

The 2012 CUBC Development Squad will commence training in the first week of the Easter term. This program is intended to help college athletes with the potential to trial for CUBC to develop their rowing technique, physiology and provide a strong base for athletes to trial successfully in the 2012/2013 Boat Race Campaign. Participants in the Development Squad will have access to the training facilities at Goldie Boat house (ergos, rowperfects, weights and the indoor rowing tank), the opportunity to row at Ely, as well as receiving coaching from the CUBC coaching staff. It is a great opportunity to experience firsthand the set up and structure of the CUBC rowing program.

The 2011 Development Squad consisted of a group of college students that went on to compete at various events including qualifying and racing in a Prince Albert 4+ at the Henley Royal Regatta. Following this members of the Squad have raced for Cambridge in the Golden Blades Regatta in Moscow, trialled with CUBC for the 2012 Boat Race campaign and now those still involved have their sights firmly set on beating Oxford on the 7th of April.

If you would like further information, or would like to register an interest in the CUBC 2012 Development Squad please email mark@cubc.org.uk by the 27th of April. We are aware of students' time constraints in the final term, and are happy to discuss individual requirements to enable athletes to participate. Further we will also support those wishing to row for their college crews and will incorporate this into the Development Squad program.

For further information or a Development Squad registration form, please contact:

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