

Sunday 16th
October

Broxbourne
Rowing Club

10.30am - 4pm



BRITISHROWING



Talent ID

ASSESSMENT

TRAIN, DEVELOP AND ACHIEVE

Are you interested in developing yourself further as a rower/coach?

Would you like to be part of a strong composite crew to race at National Events?

The aim of the Eastern Region Training Days is to develop the skills and performance of athletes and coaches and to select athletes to compete in composite crews to race at National Events. There will be a minimum of six Training Days each year

Invitations are open to those aged J17 – 22 (under 23 on 31/12/2011)

For the opportunity to be part of this exciting new project attend the Eastern Region Open Day

All athletes attending the Open Day must be British Rowing members holding a valid racing licence to be produced on the day

Club coaches wishing to enter athletes to attend the Open Day please contact:

Tim Messent

Regional Development Coach

tim.messent@britishrowing.org

For more information visit: www.britishrowing.org/content/regional-training-day-eastern-region

www.britishrowing.org