

EASTERN REGION SMALL BOATS HEAD

SUNDAY 1st NOVEMBER 2009

HOSTED BY

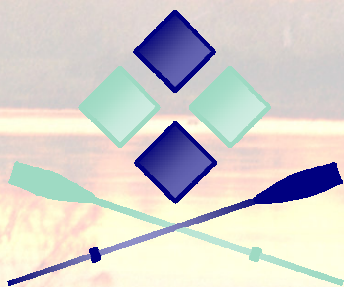
ISLE OF ELY ROWING CLUB

over the 5K CUBC training course on the River Great Ouse at Ely

EVENTS FOR PAIRS, DOUBLES, SINGLES

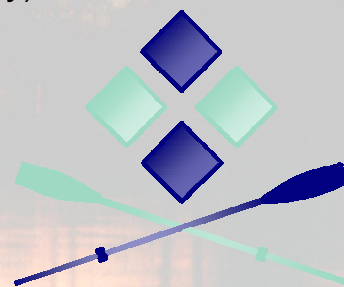
FULL RANGE of ARA OPEN event categories for men/women/mixed crews. Crews may be put in a higher category depending on entries.

CRA crews welcome in all categories (time only).



RACE DIVISION TIMES:

Division 1	9.30 am
Division 2	12.00 pm
Division 3	2.30 pm



All events available in each division.

(please state preferred division on entry but this is not guaranteed)

Boating from IOERC at Kiln Lane, Prickwillow Road, Ely, Cambs, CB7 4TX
(maps to be provided)

PRIZES/AWARDS: Engraved Glass Tankards (3 entries to qualify)

ENTRY FEE: £8.00 per head (£9 for late payments)

ENTRY CLOSING DATE: SUNDAY 25th OCTOBER 2009

ENTRIES via OARA or on ARA head entry forms. Entries and payment by cheque payable to Isle of Ely RC:

Send entries to:

Isle of Ely Small Boats Head
4 Merivale Way, Ely CB7 4GQ

e-mail entries to:

ely.rowing@hotmail.co.uk

Contact (enquiries only and NOT entries)

Ella or Jo:

07803 014 778 (Ella)

07709 453 058 (Jo)

Run under the British Rowing Rules of Racing and Water Safety Code

www.elyrowingclub.org.uk